

## Reflection Page

Name \_\_\_\_\_

*Write down your thoughts about the following. Take notes at the bottom of things in Discovery class that were of interest to you. Please return to Pastor Carey.*

God you have brought me to this place and this moment, quiet my thoughts so that I might be attentive to my own spirit and to what you would have me hear today. Amen.

What are some of your passions? (Things that give you energy and that you easily give your time and energy to)

What brings you joy? (Experiences, moments, activities)

What do you do well?

When you have the time, what do you like to do?

What would you like to receive from Trinity?

How can Trinity contribute to a deepened sense of purpose and place of belonging in the world?

Items of interest to you from Discovery class: *(Feel free to write more on the back!)*